





INFORMAZIONI PERSONALI

Livia Augustin

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Sesso F | Data di nascita 31/01/1968 / Nazionalità: Italiana e Canadese

POSIZIONI RICOPERTE

- 1) Ricercatore Nutrizionista - Istituto Nazionale Tumori, Fondazione Giovanni Pascale, Napoli (Italy).
- 2) Coordinatore del gruppo internazionale ICQC
- 3) Collaboratore di ricerca nutrizionista – Risk Factor Modification Centre St. Michael's Hospital, Toronto, Canada

ESPERIENZA
PROFESSIONALE

- Da Gennaio 2016 a oggi Ricercatore nutrizionista, Istituto Nazionale Tumori, Fondazione Giovanni Pascale, Napoli (Italia). Coordinatore studio DEDiCa e tutor per dottorandi in nutrizione umana dell'Università Federico II di Napoli.
- Da Giugno 2013 a oggi International Carbohydrate Quality Consortium (ICQC) - Organizzazione attività per il gruppo ICQC, incentivare collaborazioni internazionali, contribuire al coordinamento scientifico di nuovi studi, alle consultazioni scientifiche, alla pubblicazione di articoli scientifici e dichiarazioni di posizione dell'ICQC.
- Dal 2015 a oggi Collaboratore studi nutrizionali - Risk Factor Modification Centre, St. Michael's Hospital, Toronto (Canada).
- Dal 2010 a 2015 Nutrizionista studi clinici – Risk Factor Modification Centre, St. Michael's Hospital, Toronto (Canada). Coordinatrice di clinical trials nutrizionali e tutor per studenti di medicina e di laureandi in nutrizione.
- Dal 2002 al 2010 Collaboratore di ricerca in nutrizione – Dipartimento di Epidemiologia, Istituto Mario Negri, Milano, Italia.
- Da 2013 a 2014 Comitato Organizzatore Scientifico: per i progressi in carboidrati e fibre in nutrizione da parte della Canadian Nutrition Society. Come contributo al programma scientifico ha agito come revisore principale di abstract e sedute sessione.
- Dal 2011 a Giugno 2013 Comitato Organizzatore Scientifico: Concezione, organizzazione e raccolta fondi del "Glycemic Index, Glycemic Load and Glycemic Response: an International Scientific Consensus Summit" - Stresa (Italia), 6-7 giugno 2013.
- Dal 2006 al 2008 Ricercatore nutrizionista: Unilever R&D, Vlaardingen, Paesi Bassi
- Dal 1999 al 2002 Assistente di ricerca: Dipartimento di Epidemiologia, Centro di Riferimento

Oncologico, Aviano, Italia.

Dal 1998 al 1999 Assistente di ricerca: Dipartimento di Scienze della Nutrizione, University of Toronto, Ontario, Canada.

ISTRUZIONE E FORMAZIONE

Laurea in Scienze della Nutrizione (1996) – University of Toronto, Ontario, Canada

Master in Scienza della Nutrizione (1998) - University of Toronto, Ontario, Canada.

Dottorato di Ricerca in Nutrizione Umana (2010) - University of Guelph, Ontario, Canada.

COMPETENZE PROFESSIONALI

Patente di guida
Lingua madre

B
Italiano

	COMPRESIONE		PARLATO		PRODUZIONE SCRITTA
Inglese	C2	C2	C2	C2	C2
Francese	C1	C1	C1	C1	C1
Spagnolo	B2	B2	B2	B2	B2
Greco	A1	A1	A1	A1	A1

Competenze professionali

- 1) Conoscenza della nutrizione clinica nelle malattie croniche (diabete, cardiopatie e tumori)
- 2) Disegni di studi clinici nutrizionali
- 3) Coordinamento di studi clinici multicentrici
- 4) Redazione di grants e articoli scientifici
- 5) Presentazioni a convegni internazionali
- 6) Lectures universitarie internazionali

Studi recenti

- 1) Co-investigatore dello studio randomizzato DEDiCa “The effect of Diet, Exercise and vitamin D supplementation on Breast Cancer recurrence (IRCCS Istituto Nazionale Tumori Fondazione G. Pascale, Napoli), dal 2015.
- 2) Co-investigatore studio osservazionale “Qualita’ di vita in donne con

carcinoma alla mammella” (IRCCS Istituto Nazionale Tumori Fondazione G. Pascale, Napoli), dal 2016-2018.

3) PI studio osservazionale “Valutazione del ruolo protettivo della dieta Mediterranea nella prevenzione dei tumori femminili” (Lega Italiana per la Lotta contro i Tumori (2018-2020).

LAVORO DI SUPPORTO A RIVISTE SCIENTIFICHE INTERNAZIONALI
Review Editorial Board of: Nutrition Methodology (Frontiers in Nutrition)

Revisore per:

Acta Diabetologica
American Journal of Clinical Nutrition,
Annals of Nutrition and Metabolism,
Annals of Oncology,
British Journal of Cancer,
British Journal of Nutrition,
Cancer Epidemiology Biomarkers and Prevention
Cancer Research
European Journal of Clinical Nutrition,
European Journal of Nutrition
Journal of the American College of Nutrition,
Journal of Food & Nutritional Disorders,
Metabolism Clinical and Experimental,
Nutrients
Nutrition Metabolism and Cardiovascular Disease

Socio di:

Canadian Nutrition Society (CNS),
American Society for Nutrition (ASN),
European Food Safety Authority (EFSA) expert database,
International Carbohydrate Quality Consortium (ICQC).

Competenze comunicative

Come Speaker presso:

- 1) Lecture a studenti di medicina internazionali, “Role of Nutrition in Breast Cancer”. Istituto Nazionale Tumori Fondazione G. Pascale, Napoli, 26 gennaio 2018.
- 2) Lecture a medici oncologi “Ruolo della Nutrizione nel Carcinoma alla Mammella”. Ospedale San Vincenzo di Taormina. Nov 11, 2017.
- 3) University of Catania, Dipartimento di Scienze Biomediche (Catania, Italy), 2 Ottobre, 2014;
- 4) Istituto Tumori Pascale di Napoli, 30 Giugno 2014;
- 5) Research Institute of Child Nutrition, Dortmund (Germania). Aprile, 2014;
- 4) University of Toronto (Canada), 1 Ottobre, 2013;
- 5) Università di Napoli Federico II, Dipartimento di clinica e medicina sperimentale, Giugno 2012 e Giugno 2013.
- 6) Concezione e organizzazione dell'International Glycemic Index Summit

(Stresa, Italia, Giugno 6-7 2013).

- 7) Presentazione e attività correlate dei bambini alla scuola elementare Pietro Mattioni (Udine, Italia) sull'argomento "Mangiare Sano". Sett 2012.
- 8) Nell'ambito dell'attività di volontariato per la Canadian Obesity Network-Student and New Professional, presentazione alla scuola media e superiore St. Matthew Catholic School a Toronto sull'argomento "Mangiare sano con le linee guida canadesi ("Eating Well with Canada's Food Guide") e attività correlate per i bambini. Maggio 2012.
- 9) Presentazioni per il pubblico sul mangiare sano. Pivot Sport and Medicine Center, Toronto (Ott 2009 - Luglio 2010).
- 10) Aiuto guida alla scrittrice di libri Elaine Magee sul tema dell'indice glicemico all'interno del suo libro sui cibi sani (2004).
- 11) Coautore di capitoli di testo sugli aspetti dietetici e unico autore di un articolo per un giornale nutrizionale italiano per il pubblico.

PRESENTAZIONI ORALI E POSTERS

1. Augustin LSA: "Il Ruolo della Nutrizione nella Prevenzione del Cancro alla Mammella The Role of Nutrition in Breast Cancer Prevention". XL Congresso Nazionale SINU. Genova, Italy, 28/11/2019.
2. Augustin LSA: "Risultati preliminari dello studio DEDiCa, studio randomizzato e controllato con trattamento inclusivo di dieta, attività fisica e supplementi di vitamina D in pazienti con carcinoma mammario". Vitamina D e malattie corneiche: dal laboratorio alla pratica clinica. Napoli, Italy, 2/10/2019.
3. Augustin LSA: "Low GI Mediterranean diet in breast cancer patients within DEDiCa Study: preliminary results of cardiovascular end points". 11th Asia Pacific Conference on Clinical Nutrition. Nanjing, China, 22/09/2019.
4. Augustin LSA. "Vitamina D nella Prevenzione di Recidiva per K Mammario". Associazione Italiana Donne Medico Sez. Matera. 16/02/2018.
5. Augustin LSA, Grimaldi M, Crispo A et al. L'effetto della combinazione di dieta a basso indice glicemico, esercizio fisico e vitamina D, sulla ricorrenza del carcinoma della mammella (studio DEDiCa). Poster presentato all'Associazione Italiana di Epidemiologia (AIE) XLI Congresso, Mantova 25-27/10/2017.
6. Augustin LSA: "Qualita' dei Carboidrati, Indice Glicemico e Salute". Convegno "Cereali e Salute", Napoli, 14 Nov. 2016.
7. Augustin LSA: "Diet before and after Breast Cancer". Oral presentation as invited speaker at Advanced International Breast Cancer Course, National Academy of Medicine, Section of Oncology, Padua (Italy), Sept 29-2016.
8. Augustin LSA, Maurizio Montella, Massimo Libra: "The combined effect of a low glyceic index Diet, Exercise and vitamin D on breast Cancer recurrence: DEDiCa Study". Oral presentation at Lega Italiana per la Lotta contro i Tumori (LILT), Catania (Italy), May 16-17th, 2016.
9. Augustin LSA: "Dietary Glyceic Index and Cancer". Oral presentation at Lega Italiana per la Lotta contro i Tumori (LILT), Catania (Italy), May 16-17th, 2016.

10. Augustin LSA, Massimo Libra, Anna Crispo, Maria Grimaldi et al.: "Low Glycemic Index Diet, Exercise and Vitamin D to Reduce Breast Cancer Recurrence: Rationale for the Design of a Clinical Trial". Poster presentation at Experimental Biology, San Diego (USA), Apr 5, 2016.
11. Augustin LSA: "Dietary Clinical Trial Experience in Oncology". Oral presentation at Convegno Nazionale "Qualita' di Vita del Paziente Oncologico", Roma - Nov 25, 2015.
12. Augustin LSA: "International Carbohydrate Quality Consortium (ICQC) update". Oral presentation at Diabetes Nutrition Study Group (DNSG) 34th International Symposium, Prague, Czech Republic, July 1-2016.
13. Laura Chiavaroli, Livia SA Augustin, et al. "Glycemic Index and Glycemic Load and Liver Enzyme Activity" Poster presentation at Experimental Biology, Boston (USA), Mar 28-Apr 1, 2015.
14. Augustin LSA: "International Carbohydrate Quality Consortium (ICQC) update". Oral presentation at Diabetes Nutrition Study Group (DNSG) 33rd International Symposium, Toronto, Canada, June 12-2015.
15. Augustin LSA: "The Acute Effects of Dietary Pulses on Postprandial Glycemia in Diabetes: a Meta-analysis" Oral presentation at Experimental Biology for the American Society of Nutrition, Boston, USA, April 28, 2014.
16. Nishi S, Kendall CWC, Bashyam B, Augustin LSA, Jenkins DJA. Effect of Nuts on Coronary Heart Disease and Cancer Risk in Type 2 Diabetes. Experimental Biology for the American Society of Nutrition, Boston, USA, Apr 25-30, 2014.
17. Augustin LSA, Blanco Mejia S, Mirrahimi S, Mitchell S, Connelly P, Kendall CWC, Jenkins DJA. Adiponectin levels in individuals with type 2 diabetes on a high fiber or a low glycemic index diet. Experimental Biology for the American Society of Nutrition, Boston, USA, April 20- 24, 2013;1067.14:357.
18. Kendall CWC, Augustin LSA, Bashyam B, Nishi S, Jenkins DJA. Effect of nuts on coronary heart disease risk factors in type 2 diabetes. Experimental Biology for the American Society of Nutrition, Boston, USA, April 20-24, 2013;368.5:100.
19. Blanco Mejia S, Sievenpiper JL, de Souza RJ, Augustin LSA, Viguiouk E, Ha V, Mirrahimi A, Chiavaroli L, Cozma A, Jenkins DJA, Kendall CWC. Effect of tree nuts on features of the metabolic syndrome: a systematic review and meta-analysis of randomized controlled dietary trials. Experimental Biology for the American Society of Nutrition, Boston, USA, April 20-24,2013;615.2:168.
20. Mirrahimi A, Reiser E, Chiavaroli L, Sievenpiper JL, de Souza RJ, Augustin LSA, Beyene J, Kendall CWC, Jenkins DJA. Low glycemic index diets on long-term blood pressure control: a systematic review and meta-analysis Experimental Biology for the American Society of Nutrition, Boston, USA, April 20-24, 2013; 615.5:168.
21. Augustin LSA, Cozma AI, de Souza RJ, Sievenpiper JL, Blanco Mejia S, Li S, Mirrahimi A, Chiavaroli L, Ha V, Beyene J, Jenkins DJAJ, Kendall CWC. The Effect of Dietary Pulses on Postprandial Glycemia in Diabetes: a Meta-analysis of Acute Clinical Trials 15th Annual CSEM/CDA Professional Conference and Annual Meetings, Vancouver, Canada

- (October 2012).
22. Augustin LSA, Kendall CWC, Josse AR, Vidgen E, Salvatore S, Jenkins DJA. Effects of Varying the Dietary Glycemic Index and Load on Postprandial Glucose, Insulin, Antioxidants and Markers of Oxidative Damage. 3rd International Congress of the Italian Society for Nutraceuticals, Milan, Italy (September 2012).
 23. Augustin LSA, Cozma AI, de Souza RJ, Sievenpiper JL, Blanco Mejia S, Li S, Mirrahimi A, Chiavaroli L, Ha V, Beyene J, Jenkins DJAJ, Kendall CWC. The Effect of Dietary Pulses on Postprandial Glycemia in Diabetes: a Meta-analysis of Acute Clinical Trials. International Symposium on Diabetes and Nutrition of the Nutrition Study Group (DNSG) of the EASD, Athens, Greece (June 2011).
 24. Mirrahimi A, Reiser E, Chiavaroli L, Sievenpiper JL, de Souza RJ, Augustin LSA, Beyene J, Kendall CWC, Jenkins DJAJ, Sievenpiper JL. Effect of Low Glycemic Index Diets on Long-term Management of Diabetes: A Systematic Review and Meta-analysis. 53rd Annual Meeting of the American College of Nutrition, New Jersey (November 2012).
 25. Mirrahimi A, Chiavaroli L, Augustin LSA, Blanco Mejia S, Srichaikul K, Nishi S, Bashyam B, Zhan J, Kendall CWC, Sievenpiper JL, Wong JWM, Moody AR, Jenkins DJA. Glycemic index on Oxidative Stress and Dietary Pulses on Arterial Damage in Type 2 Diabetes. 3rd International Congress of the Italian Society for Nutraceuticals, Milan, Italy (September 2012).
 26. Kendall CWC, Augustin LSA, Mitchell S, Sahye-Pudaruth S, Blanco Mejia S, Chiavaroli L, Mirrahimi A, Sievenpiper JL, Jenkins DJAJ. Effect of Pulses as Part of a Low Glycemic Index Diet on Glycemic Control and Cardiovascular Risk Factors in Type 2 Diabetes. 15th Annual CSEM/CDA Professional Conference and Annual Meetings, Vancouver, Canada (October 2012).
 27. Mirrahimi A, Chiavaroli L, Augustin LSA, Sievenpiper JL, Kendall CWC, Moody AR, Jenkins DJAJ. Dietary Pulse Consumption and Arterial Damage in Type 2 Diabetes. 15th Annual CSEM/CDA Professional Conference and Annual Meetings, Vancouver, Canada (October 2012).
 28. Augustin LSA, Kendall CWC, Mirrahimi A, Blanco Mejia S, Chiavaroli L, Jenkins DJA. Correlations between low PSA levels and Metabolic parameters in a dietary intervention for type 2 diabetes: a potential link to hypogonadism. Scientific Sessions & Annual Meeting at Experimental Biology for the American Society of Nutrition. San Diego, USA (April 2012).
 29. Mirrahimi A, Chiavaroli L, Augustin LSA, Blanco Mejia S, Kendall CWC, Sievenpiper JL, Wong JWM, Moody AR, Jenkins DJAJ. Dairy Protein and Arterial Damage in Type 2 Diabetes 30th International Symposium on Diabetes and Nutrition of Nutrition of the Nutrition Study Group (DNSG) of the EASD, Athens, Greece (June 2012).
 30. Mirrahimi A, de Souza RJ, Chiavaroli L, Sievenpiper JL, Beyene J, Hanley AJ, Augustin LSA, Kendall CWC, Jenkins DJA. Dose Response Association of Glycemic Index with CHD Risk: A Systematic Review and Meta-analysis of Prospective Cohorts. Scientific Sessions & Annual Meeting at Experimental Biology for the American Society for Nutrition. San Diego, USA (April 2012).
 31. Augustin LSA, Kendall CWC, Chiavaroli L, Mirrahimi A, Jenkins DJA.

- Pulses as Means of Lowering the Dietary Glycemic Index and Glycemic Load. Canadian Diabetes Association Professional Conference and Annual Meetings. Toronto, Canada, Oct 26-29, 2011.
32. Augustin LSA, Kendall CWC, Sahye-Pudaruth S, Mitchell S, Coveney J, Cerovic A, Chiavaroli L, Mirrahimi A, Blanco S, Jenkins DJA. Pulses as means of lowering the dietary glycemic index and glycemic load. International Symposium on Diabetes and Nutrition of the Nutrition Study Group (DNSG) of the EASD, Rome, Italy (June 2011).
 33. Jenkins DJA, Srichaikul K, Mirrahimi A, Augustin L, Chiavarioli L, Kendall CWC. Cancer, Insulin and Dietary Glycemic Index. *J Am Coll Nutr.* 2011;30 (5):364. 52nd Annual Meeting of the American College of Nutrition, New Jersey (November 2011). 20. Mirrahimi A, Chiavaroli L, Koh L, Kendall CWC, Sievenpiper JL, Wong JMW, Augustin LS, Moody AR, Jenkins DJA. Arterial Damage and Diabetes: A Place for Pulses, but a Not So Clear Picture for the rest. International Symposium on Diabetes and Nutrition of the Nutrition Study Group (DNSG) of the EASD, Rome, Italy (June 2011).
 34. Chiavaroli L, Mirrahimi A, Koh L, Kendall CWC, Sievenpiper JL, Wong JMW, Moody AR, Augustin LS, Jenkins DJA. Dietary Pulses and Extent of Arterial Damage. International Symposium on Diabetes and Nutrition of the Nutrition Study Group (DNSG) of the EASD, Rome, Italy (June 2011).
 35. Augustin LSA, Kendall CWC, Josse A, Salvatore S, Brighenti F, Jenkins DJA. Effects of foods and diets varying in glycemic index and glycemic load on postprandial glucose and insulin response and measures of oxidative stress. *Experimental Biology (FASEB)* 2006;LB400.
 36. Augustin LSA, Gallus S, Comini E, Kendall CWC, Jenkins DJA, Talamini R, Franceschi S, La Vecchia C. Dietary glycemic index and glycemic load in relation to measures of body weight. *Experimental Biology (FASEB)* 2006:LB398.
 37. Josse AR, Salvatore S, Augustin LSA, Kendall CWC, Jenkins DJA. Almonds, glycemic index, dietary antioxidants and risk factors for coronary heart disease. *Experimental Biology (FASEB)* 2006;20:A593.
 38. Augustin LSA, Kendall CWC, Jenkins DJA, Faulkner D, Axelsen M, Martini M. Effect of Wheat Fiber on Glycemic Control and Coronary Heart Disease Risk Factors in Type 2 Diabetes: A Randomized Controlled Crossover Study. Oral presentation at the Canadian Society of Clinical Nutrition (CSCN), Toronto 2002.
 39. Augustin LSA, Parpinel M, Dal Maso L, Kendall CWC, Jenkins DJA, La Vecchia C, Franceschi S. Dietary glycemic load in women with cancer of the breast and colorectum. Oral presentation at the Epidemiology Congress: Toronto, Canada, 2001.
 40. Augustin LSA, Kendall CWC, Jenkins DJA, Dal Maso L, Parpinel M, La Vecchia C, Franceschi S. Dietary glycemic index and glycemic load and breast cancer risk: a case-control study. *Canadian Federation of Biological Societies (CFBS)* 2001:T017.
 41. Kendall CWC, Vuksan V, Augustin LS, Jackson C-J, Garsetti M, Jenkins DJ. Effect of soy based breakfast cereal on blood lipids, oxidized LDL and post-prandial glycemia. *Experimental Biology (FASEB)* 2000;14:A764.
 42. Augustin LSA, Jenkins DJA, Parpinel M, Franceschi S. Dietary glycemic

load and colorectal cancer risk. *Experimental Biology (FASEB)* 2000;531.18:A771.

ULTERIORI INFORMAZIONI

Pubblicazioni

PUBBLICAZIONI SU RIVISTE SCIENTIFICHE

1. Chang CP, La Vecchia C, Serraino D, Olshan AF, Zevallos JP, Morgenstern H, Levi F, Garavello W, Kelsey K, McClean M, Chen C, Schwartz SM, Schantz S, Yu GP, Boffetta P, Hashibe M, Lee YA, Parpinel M, **Augustin** LSA, Turati F, Zhang ZF, Edefonti V. Dietary glycaemic index, glycaemic load and head and neck cancer risk: a pooled analysis in an international consortium. *Br J Cancer*. 2020 Jan 13. doi: 10.1038/s41416-019-0702-4. [Epub ahead of print]
2. Turati F, Galeone C, **Augustin** LSA, La Vecchia C. Glycemic Index, Glycemic Load and Cancer Risk: An Updated Meta-Analysis. *Nutrients*. 2019 Oct 2;11(10). pii: E2342. doi: 10.3390/nu11102342.
3. Livesey G, Taylor R, Livesey HF, Buyken AE, Jenkins DJA, **Augustin** LSA, Sievenpiper JL, Barclay AW, Liu S, Wolever TMS, Willett WC, Brighenti F, Salas-Salvadó J, Björck I, Rizkalla SW, Riccardi G, Vecchia C, Ceriello A, Trichopoulou A, Poli A, Astrup A, Kendall CWC, Ha MA, Baer-Sinnott S, Brand-Miller JC. Dietary Glycemic Index and Load and the Risk of Type 2 Diabetes: Assessment of Causal Relations. *Nutrients*. 2019 Jun 25;11(6). pii: E1436. doi: 10.3390/nu11061436.
4. Livesey G, Taylor R, Livesey HF, Buyken AE, Jenkins DJA, **Augustin** LSA, Sievenpiper JL, Barclay AW, Liu S, Wolever TMS, Willett WC, Brighenti F, Salas-Salvadó J, Björck I, Rizkalla SW, Riccardi G, La Vecchia C, Ceriello A, Trichopoulou A, Poli A, Astrup A, Kendall CWC, Ha MA, Baer-Sinnott S, Brand-Miller JC. Dietary Glycemic Index and Load and the Risk of Type 2 Diabetes: A Systematic Review and Updated Meta-Analyses of Prospective Cohort Studies. *Nutrients*. 2019 Jun 5;11(6). pii: E1280. doi: 10.3390/nu11061280.
5. Brighenti F, Kendall CWC, **Augustin** LSA, Brouns FJPH, La Vecchia C, Salas-Salvadó J, Riccardi G; International Carbohydrate Quality Consortium. Glycemic response and the glycemic index of foods: more remains to be seen on the second-meal effect of proteins. *Am J Clin Nutr*. 2018;107(5):845-850. doi: 10.1093/ajcn/nqy030.
6. Buono G, Crispo A, Giuliano M, De Angelis C, Schettini F, Forestieri V, Lauria R, Pensabene M, De Laurentiis M, **Augustin** LSA, et al. Combined effect of obesity and diabetes on early breast cancer outcome: a prospective observational study. *Oncotarget* 2017;8(70):115709-17.
7. **Augustin** LSA, Taborelli M, Montella M, Libra M, La Vecchia C, Tavani A, Crispo A, Grimaldi M, Facchini G, Jenkins DJA, Botti G, Serraino D, Polesel J. Associations of dietary carbohydrates, glycaemic index and glycaemic load with risk of bladder cancer: a case-control study. *Br J Nutr*. 2017 Oct 9;1-8. doi: 10.1017/S0007114517002574.
8. Chiavaroli L, Mirrahimi A, Ireland C, Mitchell S, Sahye-Pudaruth S, Coveney J, Olowoyeye O, Patel D, de Souza RJ, **Augustin** LS, Bashyam B, Pichika SC, Blanco Mejia S, Nishi SK, Leiter LA, Josse RG, McKeown-

- Eyssen GE, Moody AR, Kendall CW, Sievenpiper JL, Jenkins DJ. Cross-sectional associations between dietary intake and carotid intima media thickness in type 2 diabetes: baseline data from a randomised trial. *BMJ Open*. 2017;7(3):e015026. doi: 10.1136/bmjopen-2016-015026.
9. Wolever TM, **Augustin** LS, Brand-Miller JC, Delport E, Livesey G, Ludwig DS, Sievenpiper JL. Glycemic index is as reliable as macronutrients on food labels. *Am J Clin Nutr*. 2017;105(3):768-769. doi: 10.3945/ajcn.116.146092.
 10. **Augustin** LSA, Libra M, Crispo A, Grimaldi M, De Laurentiis M, Rinaldo M, D'Aiuto M, Catalano F, Banna G, Ferrau' F, Rossello R, Serraino D, Bidoli E, Massarut S, Thomas G, Gatti D, Cavalcanti C, Pinto M, Riccardi R, Vidgen E, Kendall CWC, Jenkins DJA, Ciliberto G, Montella M. Low glycemic index diet, exercise and vitamin D to reduce breast cancer recurrence (DEDiCa): Design of a clinical trial. *BMC Cancer*. 2017 Jan 23;17(1):69. doi: 10.1186/s12885-017-3064-4.
 11. Crispo A, **Augustin** LS, Grimaldi M, Nocerino F, Giudice A, Cavalcanti E, Di Bonito M, Botti G, De Laurentiis M, Rinaldo M, Esposito E, Riccardi G, Amore A, Libra M, Ciliberto G, Jenkins DJ, Montella M. Risk Differences Between Prediabetes And Diabetes According To Breast Cancer Molecular Subtypes. *J Cell Physiol*. 2016 Aug 31. doi: 10.1002/jcp.25579.
 12. Chiavaroli L, Mirrahimi A, Ireland C, Mitchell S, Sahye-Pudaruth S, Coveney J, Olowoyeye O, Maraj T, Patel D, de Souza RJ, **Augustin** LS, Bashyam B, Blanco Mejia S, Nishi SK, Leiter LA, Josse RG, McKeown-Eyssen G, Moody AR, Berger AR, Kendall CW, Sievenpiper JL, Jenkins DJ. Low-glycaemic index diet to improve glycaemic control and cardiovascular disease in type 2 diabetes: design and methods for a randomised, controlled, clinical trial. *BMJ Open*. 2016 Jul 7;6(7):e012220. doi: 10.1136/bmjopen-2016-012220.
 13. **Augustin** LS, Chiavaroli L, Campbell J, Ezatagha A, Jenkins AL, Esfahani A, Kendall CW. Post-prandial glucose and insulin responses of hummus alone or combined with a carbohydrate food: a dose-response study. *Nutr J*. 2016;15:13. doi: 10.1186/s12937-016-0129-1.
 14. Crispo A, Montella M, Buono G, Grimaldi M, D'Aiuto M, Capasso I, Esposito E, Amore A, Nocerino F, **Augustin** LS, Giudice A, Di Bonito M, Giuliano M, Forestieri V, De Laurentiis M, Rinaldo M, Ciliberto G, De Placido S, Arpino G. Body weight and risk of molecular breast cancer subtypes among postmenopausal Mediterranean women. *Curr Res Transl Med*. 2016;64(1):15-20. doi: 10.1016/j.retram.2016.01.004.
 15. **Augustin** LS, Kendall CW, Jenkins DJ, Willett WC, Astrup A, Barclay AW, Björck I, Brand-Miller JC, Brighenti F, Buyken AE, Ceriello A, La Vecchia C, Livesey G, Liu S, Riccardi G, Rizkalla SW, Sievenpiper JL, Trichopoulou A, Wolever TM, Baer-Sinnott S, Poli A. Glycemic index, glycemic load and glycemic response: An International Scientific Consensus Summit from the International Carbohydrate Quality Consortium (ICQC). *Nutr Metab Cardiovasc Dis*. 2015;25(9):795-815. doi: 10.1016/j.numecd.2015.05.005.
 16. Turati F, Galeone C, Gandini S, **Augustin** LS, Jenkins DJ, Pelucchi C, La Vecchia C. High glycemic index and glycemic load are associated with moderately increased cancer risk. *Mol Nutr Food Res*. 2015;59(7):1384-94. doi: 10.1002/mnfr.201400594.
 17. Jenkins DJ, Jones PJ, Frohlich J, Lamarche B, Ireland C, Nishi SK, Srichaikul K, Galange P, Pellini C, Faulkner D, de Souza RJ, Sievenpiper

- JL, Mirrahimi A, Jayalath VH, **Augustin** LS, Bashyam B, Leiter LA, Josse R, Couture P, Ramprasath V, Kendall CW. The effect of a dietary portfolio compared to a DASH-type diet on blood pressure. *Nutr Metab Cardiovasc Dis.* 2015 Dec;25(12):1132-9. doi: 10.1016/j.numecd.2015.08.006.
18. Jenkins DJ, Kendall CW, Vuksan V, Faulkner D, **Augustin** LS, Mitchell S, Ireland C, Srichaikul K, Mirrahimi A, Chiavaroli L, Blanco Mejia S, Nishi S, Sahye-Pudaruth S, Patel D, Bashyam B, Vidgen E, de Souza RJ, Sievenpiper JL, Coveney J, Josse RG, Leiter LA. Effect of lowering the glycemic load with canola oil on glycemic control and cardiovascular risk factors: a randomized controlled trial. *Diabetes Care.* 2014 Jul;37(7):1806-14.
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