





INFORMAZIONI PERSONALI

Livia Silvia Augustin

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Sesso F | Data di nascita 31/01/1968

POSIZIONI RICOPERTE

Collaboratore di ricerca nutrizionista presso la SOC Epidemiologia e Biostatistica dell'Istituto Nazionale Tumori, Fondazione Giovanni Pascale, Napoli (Italy).
Ricercatore di nutrizione, – Centre St. Michael's Hospital, Toronto, Canada

ESPERIENZA
PROFESSIONALE

Dal Giugno 2013 a oggi

International Carbohydrate Quality Consortium (ICQC) - Organizzare attività per il gruppo ICQC inclusa la raccolta fondi, incentivare collaborazioni internazionali, contribuire al coordinamento scientifico di nuovi studi, alle consultazioni scientifiche, alla pubblicazione di articoli scientifici e dichiarazioni di posizione dell'ICQC.

Dal 2002 al 2014

Collaboratore di ricerca – Dipartimento di Epidemiologia, Istituto Mario Negri, Milano, Italia.

Da Settembre 2013 a Gennaio 2014

Comitato Organizzatore Scientifico: per i progressi in carboidrati e fibre in nutrizione da parte della Canadian Nutrition Society. Come contributo al programma scientifico ha agito come revisore principale di abstract e sedute sessione.

Dal 2011 a Giugno 2013

Comitato Organizzatore Scientifico: Concezione, organizzazione e raccolta fondi del "Glycemic Index, Glycemic Load and Glycemic Response: an International Scientific Consensus Summit" - Stresa (Italia), 6-7 giugno 2013.

Dal 2006 al 2008

Ricercatore nutrizionista: Unilever R&D, Vlaardingen, The Netherlands.

Dal 1999 al 2002

Assistente di ricerca: Dipartimento di Epidemiologia, Centro di Riferimento Oncologico, Aviano, Italia.

Dal 1998 al 1999

Assistente di ricerca: Dipartimento di Scienze della Nutrizione, University of Toronto, Ontario, Canada.

ISTRUZIONE E FORMAZIONE

Master in Scienza della Nutrizione (1998) - University of Toronto, Ontario, Canada.

Dottorato di Ricerca in Nutrizione Umana (2010) - University of Guelph, Ontario, Canada.

COMPETENZE PERSONALI

Lingua madre Italiano

Inglese	COMPRESIONE		PARLATO		PRODUZIONE SCRITTA
	C2	C2	C2	C2	C2
Francese	C1	C1	C1	C1	C1
Spagnolo	B2	B2	B2	B2	B2
Greco	A1	A1	A1	A1	A1

Competenze comunicative

TRADUZIONE DELLA CONOSCENZA

1. Concezione e organizzazione dell'International Glycemic Index Summit (Stresa, Italy, June 6-7 2013).
2. Presentazione e attività correlate dei bambini alla scuola elementare Pietro Mattioni (Udine, Italia) sull'argomento "Mangiare Sano". Sett 2012.
3. Nell'ambito dell'attività di volontariato per la Canadian Obesity Network-Student and New Professional, presentazione alla scuola media e superiore St. Matthew Catholic School a Toronto sull'argomento "Mangiare sano con le linee guida canadesi ("Eating Well with Canada's Food Guide") e attività correlate per i bambini. Maggio 2012.
4. Presentazioni per il pubblico sul mangiare sano. Pivot Sport and Medicine Center, Toronto (Ott 2009 e Luglio 2010).
5. Aiuto guida alla scrittrice di libri Elaine Magee sul tema dell'indice glicemico all'interno del suo libro sui cibi sani (2004).
6. Coautore di capitoli di testo sugli aspetti dietetici e unico autore di un articolo per un giornale nutrizionale italiano per il pubblico.

POSTERS PRESENTATIONS (ORAL OR WRITTEN)

1. L'effetto della combinazione di dieta a basso indice glicemico, esercizio fisico e vitamina D, sulla ricorrenza del carcinoma della mammella (studio DEDiCa)". Poster presentato all'Associazione Italiana di Epidemiologia (AIE) XLI Congresso, Mantova Ottobre 25-27, 2017.
2. Augustin LSA: "Diet before and after Breast Cancer". Oral presentation as invited speaker at Advanced International Breast Cancer Course, National Academy of Medicine, Section of Oncology, Padua (Italy), Sept 29-2016.

3. Augustin LSA, Maurizio Montella, Massimo Libra: "The combined effect of a low glycemic index Diet, Exercise and vitamin D on breast Cancer recurrence: DEDiCa Study". Oral presentation at Lega Italiana per la Lotta contro i Tumori (LILT), Catania (Italy), May 16-17th, 2016.
4. Augustin LSA: "Dietary Glycemic Index and Cancer". Oral presentation at Lega Italiana per la Lotta contro i Tumori (LILT), Catania (Italy), May 16-17th, 2016.
5. Augustin LSA, Massimo Libra, Anna Crispo, Maria Grimaldi et al.: "Low Glycemic Index Diet, Exercise and Vitamin D to Reduce Breast Cancer Recurrence: Rationale for the Design of a Clinical Trial". Poster presentation at Experimental Biology, San Diego (USA), Apr 5, 2016.
6. Augustin LSA: "Dietary Clinical Trial Experience in Oncology". Oral presentation at Convegno Nazionale "Qualita' di Vita del Paziente Oncologico", Roma - Nov 25, 2015.
7. Augustin LSA: "International Carbohydrate Quality Consortium (ICQC) update". Oral presentation at Diabetes Nutrition Study Group (DNSG) 34th International Symposium, Prague, Czech Republic, July 1-2016.
8. Laura Chiavaroli, Livia SA Augustin, et al. "Glycemic Index and Glycemic Load and Liver Enzyme Activity" Poster presentation at Experimental Biology, Boston (USA), Mar 28-Apr 1, 2015.
9. Augustin LSA: "International Carbohydrate Quality Consortium (ICQC) update". Oral presentation at Diabetes Nutrition Study Group (DNSG) 33rd International Symposium, Toronto, Canada, June 12-2015.
10. Augustin LSA: "The Acute Effects of Dietary Pulses on Postprandial Glycemia in Diabetes: a Meta-analysis" Oral presentation at Experimental Biology for the American Society of Nutrition, Boston, USA, April 28, 2014.
11. Nishi S, Kendall CWC, Bashyam B, Augustin LSA, Jenkins DJA. Effect of Nuts on Coronary Heart Disease and Cancer Risk in Type 2 Diabetes. Experimental Biology for the American Society of Nutrition, Boston, USA, Apr 25-30, 2014.
12. Augustin LSA, Blanco Mejia S, Mirrahimi S, Mitchell S, Connelly P, Kendall CWC, Jenkins DJA. Adiponectin levels in individuals with type 2 diabetes on a high fiber or a low glycemic index diet. Experimental Biology for the American Society of Nutrition, Boston, USA, April 20- 24, 2013;1067.14:357.
13. Kendall CWC, Augustin LSA, Bashyam B, Nishi S, Jenkins DJA. Effect of nuts on coronary heart disease risk factors in type 2 diabetes. Experimental Biology for the American Society of Nutrition, Boston, USA, April 20-24, 2013;368.5:100.
14. Blanco Mejia S, Sievenpiper JL, de Souza RJ, Augustin LSA, Vigiouk E, Ha V, Mirrahimi A, Chiavaroli L, Cozma A, Jenkins DJA, Kendall CWC. Effect of tree nuts on features of the metabolic syndrome: a systematic review and meta-analysis of randomized controlled dietary trials. Experimental Biology for the American Society of Nutrition, Boston, USA, April 20-24,2013;615.2:168.
15. Mirrahimi A, Reiser E, Chiavaroli L, Sievenpiper JL, de Souza RJ, Augustin LSA, Beyene J, Kendall CWC, Jenkins DJA. Low glycemic index diets on long-term blood pressure control: a systematic review and meta-

- analysis Experimental Biology for the American Society of Nutrition, Boston, USA, April 20-24, 2013; 615.5:168.
16. Augustin LSA, Cozma AI, de Souza RJ, Sievenpiper JL, Blanco Mejia S, Li S, Mirrahimi A, Chiavaroli L, Ha V, Beyene J, Jenkins DJAJ, Kendall CWC. The Effect of Dietary Pulses on Postprandial Glycemia in Diabetes: a Meta-analysis of Acute Clinical Trials 15th Annual CSEM/CDA Professional Conference and Annual Meetings, Vancouver, Canada (October 2012).
 17. Augustin LSA, Kendall CWC, Josse AR, Vidgen E, Salvatore S, Jenkins DJA. Effects of Varying the Dietary Glycemic Index and Load on Postprandial Glucose, Insulin, Antioxidants and Markers of Oxidative Damage. 3rd International Congress of the Italian Society for Nutraceuticals, Milan, Italy (September 2012).
 18. Augustin LSA, Cozma AI, de Souza RJ, Sievenpiper JL, Blanco Mejia S, Li S, Mirrahimi A, Chiavaroli L, Ha V, Beyene J, Jenkins DJAJ, Kendall CWC. The Effect of Dietary Pulses on Postprandial Glycemia in Diabetes: a Meta-analysis of Acute Clinical Trials. International Symposium on Diabetes and Nutrition of the Nutrition Study Group (DNSG) of the EASD, Athens, Greece (June 2011).
 19. Mirrahimi A, Reiser E, Chiavaroli L, Sievenpiper JL, de Souza RJ, Augustin LSA, Beyene J, Kendall CWC, Jenkins DJAJ, Sievenpiper JL. Effect of Low Glycemic Index Diets on Long-term Management of Diabetes: A Systematic Review and Meta-analysis. 53rd Annual Meeting of the American College of Nutrition, New Jersey (November 2012).
 20. Mirrahimi A, Chiavaroli L, Augustin LSA, Blanco Mejia S, Srichaikul K, Nishi S, Bashyam B, Zhan J, Kendall CWC, Sievenpiper JL, Wong JWM, Moody AR, Jenkins DJA. Glycemic index on Oxidative Stress and Dietary Pulses on Arterial Damage in Type 2 Diabetes. 3rd International Congress of the Italian Society for Nutraceuticals, Milan, Italy (September 2012).
 21. Kendall CWC, Augustin LSA, Mitchell S, Sahye-Pudaruth S, Blanco Mejia S, Chiavaroli L, Mirrahimi A, Sievenpiper JL, Jenkins DJAJ. Effect of Pulses as Part of a Low Glycemic Index Diet on Glycemic Control and Cardiovascular Risk Factors in Type 2 Diabetes. 15th Annual CSEM/CDA Professional Conference and Annual Meetings, Vancouver, Canada (October 2012).
 22. Mirrahimi A, Chiavaroli L, Augustin LSA, Sievenpiper JL, Kendall CWC, Moody AR, Jenkins DJAJ. Dietary Pulse Consumption and Arterial Damage in Type 2 Diabetes. 15th Annual CSEM/CDA Professional Conference and Annual Meetings, Vancouver, Canada (October 2012).
 23. Augustin LSA, Kendall CWC, Mirrahimi A, Blanco Mejia S, Chiavaroli L, Jenkins DJA. Correlations between low PSA levels and Metabolic parameters in a dietary intervention for type 2 diabetes: a potential link to hypogonadism. Scientific Sessions & Annual Meeting at Experimental Biology for the American Society of Nutrition. San Diego, USA (April 2012).
 24. Mirrahimi A, Chiavaroli L, Augustin LSA, Blanco Mejia S, Kendall CWC, Sievenpiper JL, Wong JWM, Moody AR, Jenkins DJAJ. Dairy Protein and Arterial Damage in Type 2 Diabetes 30th International Symposium on Diabetes and Nutrition of Nutrition of the Nutrition Study Group (DNSG) of

- the EASD, Athens, Greece (June 2012).
25. Mirrahimi A, de Souza RJ, Chiavaroli L, Sievenpiper JL, Beyene J, Hanley AJ, Augustin LSA, Kendall CWC, Jenkins DJA. Dose Response Association of Glycemic Index with CHD Risk: A Systematic Review and Meta-analysis of Prospective Cohorts. Scientific Sessions & Annual Meeting at Experimental Biology for the American Society for Nutrition. San Diego, USA (April 2012).
 26. Augustin LSA, Kendall CWC, Chiavaroli L, Mirrahimi A, Jenkins DJA. Pulses as Means of Lowering the Dietary Glycemic Index and Glycemic Load. Canadian Diabetes Association Professional Conference and Annual Meetings. Toronto, Canada, Oct 26-29, 2011.
 27. Augustin LSA, Kendall CWC, Sahye-Pudaruth S, Mitchell S, Coveney J, Cerovic A, Chiavaroli L, Mirrahimi A, Blanco S, Jenkins DJA. Pulses as means of lowering the dietary glycemic index and glycemic load. International Symposium on Diabetes and Nutrition of the Nutrition Study Group (DNSG) of the EASD, Rome, Italy (June 2011).
 28. Jenkins DJA, Srirachikul K, Mirrahimi A, Augustin L, Chiavaroli L, Kendall CWC. Cancer, Insulin and Dietary Glycemic Index. *J Am Coll Nutr.* 2011;30 (5):364. 52nd Annual Meeting of the American College of Nutrition, New Jersey (November 2011). 20. Mirrahimi A, Chiavaroli L, Koh L, Kendall CWC, Sievenpiper JL, Wong JMW, Augustin LS, Moody AR, Jenkins DJA. Arterial Damage and Diabetes: A Place for Pulses, but a Not So Clear Picture for the rest. International Symposium on Diabetes and Nutrition of the Nutrition Study Group (DNSG) of the EASD, Rome, Italy (June 2011).
 29. Chiavaroli L, Mirrahimi A, Koh L, Kendall CWC, Sievenpiper JL, Wong JMW, Moody AR, Augustin LS, Jenkins DJA. Dietary Pulses and Extent of Arterial Damage. International Symposium on Diabetes and Nutrition of the Nutrition Study Group (DNSG) of the EASD, Rome, Italy (June 2011).
 30. Augustin LSA, Kendall CWC, Josse A, Salvatore S, Brighenti F, Jenkins DJA. Effects of foods and diets varying in glycemic index and glycemic load on postprandial glucose and insulin response and measures of oxidative stress. *Experimental Biology (FASEB)* 2006;LB400.
 31. Augustin LSA, Gallus S, Comini E, Kendall CWC, Jenkins DJA, Talamini R, Franceschi S, La Vecchia C. Dietary glycemic index and glycemic load in relation to measures of body weight. *Experimental Biology (FASEB)* 2006;LB398.
 32. Josse AR, Salvatore S, Augustin LSA, Kendall CWC, Jenkins DJA. Almonds, glycemic index, dietary antioxidants and risk factors for coronary heart disease. *Experimental Biology (FASEB)* 2006;20:A593.
 33. Augustin LSA, Kendall CWC, Jenkins DJA, Faulkner D, Axelsen M, Martini M. Effect of Wheat Fiber on Glycemic Control and Coronary Heart Disease Risk Factors in Type 2 Diabetes: A Randomized Controlled Crossover Study. Oral presentation at the Canadian Society of Clinical Nutrition (CSCN), Toronto 2002.
 34. Augustin LSA, Parpinel M, Dal Maso L, Kendall CWC, Jenkins DJA, La Vecchia C, Franceschi S. Dietary glycemic load in women with cancer of the breast and colorectum. Oral presentation at the Epidemiology Congress: Toronto, Canada, 2001.

35. Augustin LSA, Kendall CWC, Jenkins DJA, Dal Maso L, Parpinel M, La Vecchia C, Franceschi S. Dietary glycemic index and glycemic load and breast cancer risk: a case-control study. *Canadian Federation of Biological Societies (CFBS)* 2001:T017.
36. Kendall CWC, Vuksan V, Augustin LS, Jackson C-J, Garsetti M, Jenkins DJ. Effect of soy based breakfast cereal on blood lipids, oxidized LDL and post-prandial glycemia. *Experimental Biology (FASEB)* 2000;14:A764.
37. Augustin LSA, Jenkins DJA, Parpinel M, Franceschi S. Dietary glycemic load and colorectal cancer risk. *Experimental Biology (FASEB)* 2000;531.18:A771.

Competenze professionali

Visiting Professor: Dept of Biomedical Sciences, University of Catania (Catania, Italy).

University Speaker: University of Catania, Dept of Biomedical Sciences (Catania, Italy), Oct 2, 2014, NCI Pascale (Naples, Italy), June 30, 2014, University of Toronto (Toronto, Canada), Oct 1, 2013; University of Naples Federico II, Department of Clinical and Experimental Medicine (Naples, Italy), June 2012-June 2013.

Patente di guida

B

ULTERIORI INFORMAZIONI

Pubblicazioni

PUBLICATIONS: Peer-Reviewed Journals

1. Augustin LSA, Taborelli M, Montella M, Libra M, La Vecchia C, Tavani A, Crispo A, Grimaldi M, Facchini G, Jenkins DJA, Botti G, Serraino D, Polesel J. Associations of dietary carbohydrates, glycaemic index and glycaemic load with risk of bladder cancer: a case-control study. *Br J Nutr.* 2017 Oct 9:1-8. doi: 10.1017/S0007114517002574.
2. Chiavaroli L, Mirrahimi A, Ireland C, Mitchell S, Sahye-Pudaruth S, Coveney J, Olowoyeye O, Patel D, de Souza RJ, Augustin LS, Bashyam B, Pichika SC, Blanco Mejia S, Nishi SK, Leiter LA, Josse RG, McKeown-Eyssen GE, Moody AR, Kendall CW, Sievenpiper JL, Jenkins DJ. Cross-sectional associations between dietary intake and carotid intima media thickness in type 2 diabetes: baseline data from a randomised trial. *BMJ Open.* 2017;7(3):e015026. doi: 10.1136/bmjopen-2016-015026.
3. Wolever TM, Augustin LS, Brand-Miller JC, Delport E, Livesey G, Ludwig DS, Sievenpiper JL. Glycemic index is as reliable as macronutrients on food labels. *Am J Clin Nutr.* 2017;105(3):768-769. doi: 10.3945/ajcn.116.146092.
4. Augustin LSA, Libra M, Crispo A, Grimaldi M, De Laurentiis M, Rinaldo M, D'Aiuto M, Catalano F, Banna G, Ferrau' F, Rossello R, Serraino D, Bidoli E, Massarut S, Thomas G, Gatti D, Cavalcanti C, Pinto M, Riccardi R, Vidgen E, Kendall CWC, Jenkins DJA, Ciliberto G, Montella M. Low glycemic index diet, exercise and vitamin D to reduce breast cancer recurrence (DEDiCa): Design of a clinical trial. Submitted to *BMC Cancer*, Sept 2016.
5. Crispo A, Augustin LS, Grimaldi M, Nocerino F, Giudice A, Cavalcanti E, Di Bonito M, Botti G, De Laurentiis M, Rinaldo M, Esposito E, Riccardi G, Amore A, Libra M, Ciliberto G, Jenkins DJ, Montella M. Risk Differences Between Prediabetes And Diabetes According To Breast Cancer Molecular Subtypes. *J Cell Physiol.* 2016 Aug 31. doi: 10.1002/jcp.25579.
6. Chiavaroli L, Mirrahimi A, Ireland C, Mitchell S, Sahye-Pudaruth S, Coveney J, Olowoyeye O, Maraj T, Patel D, de Souza RJ, Augustin LS, Bashyam B, Blanco Mejia S, Nishi SK, Leiter LA, Josse RG, McKeown-Eyssen G, Moody AR, Berger AR, Kendall CW, Sievenpiper JL, Jenkins DJ. Low-glycaemic index diet to improve glycaemic control and

- cardiovascular disease in type 2 diabetes: design and methods for a randomised, controlled, clinical trial. *BMJ Open*. 2016 Jul 7;6(7):e012220. doi: 10.1136/bmjopen-2016-012220.
7. Augustin LS, Chiavaroli L, Campbell J, Ezatagha A, Jenkins AL, Esfahani A, Kendall CW. Post-prandial glucose and insulin responses of hummus alone or combined with a carbohydrate food: a dose-response study. *Nutr J*. 2016;15:13. doi: 10.1186/s12937-016-0129-1.
 8. Crispo A, Montella M, Buono G, Grimaldi M, D'Aiuto M, Capasso I, Esposito E, Amore A, Nocerino F, Augustin LS, Giudice A, Di Bonito M, Giuliano M, Forestieri V, De Laurentis M, Rinaldo M, Ciliberto G, De Placido S, Arpino G. Body weight and risk of molecular breast cancer subtypes among postmenopausal Mediterranean women. *Curr Res Transl Med*. 2016;64(1):15-20. doi: 10.1016/j.retram.2016.01.004.
 9. Augustin LS, Kendall CW, Jenkins DJ, Willett WC, Astrup A, Barclay AW, Björck I, Brand-Miller JC, Brighenti F, Buyken AE, Ceriello A, La Vecchia C, Livesey G, Liu S, Riccardi G, Rizkalla SW, Sievenpiper JL, Trichopoulou A, Wolever TM, Baer-Sinnott S, Poli A. Glycemic index, glycemic load and glycemic response: An International Scientific Consensus Summit from the International Carbohydrate Quality Consortium (ICQC). *Nutr Metab Cardiovasc Dis*. 2015;25(9):795-815. doi: 10.1016/j.numecd.2015.05.005.
 10. Turati F, Galeone C, Gandini S, Augustin LS, Jenkins DJ, Pelucchi C, La Vecchia C. High glycemic index and glycemic load are associated with moderately increased cancer risk. *Mol Nutr Food Res*. 2015;59(7):1384-94. doi: 10.1002/mnfr.201400594.
 11. Jenkins DJ, Jones PJ, Frohlich J, Lamarche B, Ireland C, Nishi SK, Srichaikul K, Galange P, Pellini C, Faulkner D, de Souza RJ, Sievenpiper JL, Mirrahimi A, Jayalath VH, Augustin LS, Bashyam B, Leiter LA, Josse R, Couture P, Ramprasath V, Kendall CW. The effect of a dietary portfolio compared to a DASH-type diet on blood pressure. *Nutr Metab Cardiovasc Dis*. 2015 Dec;25(12):1132-9. doi: 10.1016/j.numecd.2015.08.006.
 12. Jenkins DJ, Kendall CW, Vuksan V, Faulkner D, Augustin LS, Mitchell S, Ireland C, Srichaikul K, Mirrahimi A, Chiavaroli L, Blanco Mejia S, Nishi S, Sahye-Pudaruth S, Patel D, Bashyam B, Vidgen E, de Souza RJ, Sievenpiper JL, Coveney J, Josse RG, Leiter LA. Effect of lowering the glycemic load with canola oil on glycemic control and cardiovascular risk factors: a randomized controlled trial. *Diabetes Care*. 2014 Jul;37(7):1806-14.
 13. Nishi S, Kendall CW, Gascoyne AM, Bazinet RP, Bashyam B, Lapsley KG, Augustin LS, Sievenpiper JL, Jenkins DJ. Effect of almond consumption on the serum fatty acid profile: a dose-response study. *Br J Nutr*. 2014 Aug 20;110:1-10.
 14. Blanco Mejia S, Kendall CW, Viguiouk E, Augustin LS, Ha V, Cozma AI, Mirrahimi A, Maroleanu A, Chiavaroli L, Leiter LA, de Souza RJ, Jenkins DJ, Sievenpiper JL. Effect of tree nuts on metabolic syndrome criteria: a systematic review and meta-analysis of randomized controlled trials. *BMJ Open*. 2014 Jul 29;4(7):e004660.
 15. Viguiouk E, Kendall CW, Blanco Mejia S, Cozma AI, Ha V, Mirrahimi A, Jayalath VH, Augustin LS, Chiavaroli L, Leiter LA, de Souza RJ, Jenkins DJ, Sievenpiper JL. Effect of tree nuts on glycemic control in diabetes: a systematic review and meta-analysis of randomized controlled dietary trials. *PLoS One*. 2014 Jul 30;9(7):e103376.
 16. Nishi SK, Kendall CW, Bazinet RP, Bashyam B, Ireland CA, Augustin LS, Blanco Mejia S, Sievenpiper JL, Jenkins DJ. Nut consumption, serum fatty acid profile and estimated coronary heart disease risk in type 2 diabetes. *Nutr Metab Cardiovasc Dis*. 2014 Aug;24(8):845-52.
 17. Li SS, Kendall CWC, de Souza RJ, Jayalath VH, Cozma AI, Ha V, Mirrahimi A, Chiavaroli L, Augustin LSA, Blanco Mejia S, Leiter LA, Beyene J, Jenkins DJ, Sievenpiper JL. Dietary pulses, satiety, and food intake: a systematic review and meta-analysis of acute feeding trials. *J Obesity* 2014 Aug;22(8):1773-80.
 18. Kendall CW, West SG, Augustin LS, Esfahani A, Vidgen E, Bashyam B, Sauder KA, Campbell J, Chiavaroli L, Jenkins AL, Jenkins DJ. Acute effects of pistachio consumption on glucose and insulin, satiety hormones and endothelial function in the metabolic syndrome. *Eur J Clin Nutr*. 2014 Mar;68(3):370-5.
 19. Augustin LS. Glycemic index in chronic disease. *Nutrafoods* 2013;12:117-125. 12.
 20. Jenkins DJ, Willett WC, Astrup A, Augustin LS, Baer-Sinnott S, Barclay AW, Björck I, Brand-Miller JC, Brighenti F, Buyken AE, Ceriello A, Kendall CW, La Vecchia C, Livesey G, Liu S, Poli A, Riccardi G, Rizkalla SW, Sievenpiper JL, Trichopoulou A, Wolever TM. Glycaemic index: did Health Canada get it wrong? Position from the International Carbohydrate Quality Consortium (ICQC). *Br J Nutr*. 2014 Jan;111(2):380-2.

21. Augustin LSA, Malerba S, Lugo A, Franceschi S, Talamini R, Serraino S, Jenkins DJA, La Vecchia C. Associations of bread and pasta with the risk of cancer of the breast and colorectum. *Ann Oncology* 2013;24(12):3094-9.
22. Mirrahimi A, Chiavaroli L, Srichaikul K, Augustin LSA, Sievenpiper JL, Kendall CWC, Jenkins DJA. The role of glycemic index and glycemic load in cardiovascular disease and its risk factors: a review of the recent literature. *Curr Atheroscler Rep.* 2014 Jan;16.
23. Rossi M, Turati F, Lagiou P, Trichopoulos D, Augustin LSA, La Vecchia C, Trichopoulou A. Mediterranean diet and glycemic load in relation to type 2 diabetes occurrence in a general population cohort study in Greece. *Diabetologia* 2013;56(11):2405-13.
24. Galeone C, Augustin LS, Filomeno M, Malerba S, Zucchetto A, Pelucchi C, Montella M, Talamini R, Franceschi S, La Vecchia C. Dietary glycemic index, glycemic load, and the risk of endometrial cancer: a case-control study and meta-analysis. *Eur J Cancer Prev.* 2013;22:38-45.
25. Hu J, La Vecchia C, Augustin LS, Negri E, de Groh M, Morrison H, Mery L; the Canadian Cancer Registries Epidemiology Research Group. Glycemic index, glycemic load and cancer risk. *Ann Oncol.* 2013;24:245-51.
26. Latulippe ME, Meheust A, Augustin LS, Benton D, Berčik P, Birkett A, Eldridge AL, Faintuch J, Hoffmann C, Miller Jones J, Lajolo F, Perdigon G, Prieto PA, Rastall RA, Sievenpiper JL, Slavin J, Wenzel de Menezes E. ILSI Brazil International Workshop on Functional Foods: Carbohydrates, Microbiome, and Health. *Food and Nutrition Research*;57:Feb 7, 2013. 19. Jenkins DJ, Kendall CW,
27. Augustin LS, Mitchell S, Sahye-Pudaruth S, Blanco Mejia S, Chiavaroli L, Mirrahimi A, et al. Effect of legumes as part of a low glycemic index diet on glycemic control and cardiovascular risk factors in type 2 diabetes: a randomized Clinical Trial. *Arch Intern Med.* 2012;22:1-8.
28. Mirrahimi A, Chiavaroli L, de Souza RJ, Sievenpiper JL, Beyene J, Hanley A, Augustin LSA, Kendall CWC, Jenkins DJA. Associations of glycemic index and load with CHD events: a systematic review and meta-analysis of prospective cohorts. *J Am Heart Assoc.* 2012;1(5).

BOOK CHAPTERS

1. Augustin LS, Kendall CWC, Mirrahimi A, Nishi S, Jenkins DJA. Cancer, Insulin and the Glycemic Index. In: *Metabolic Medicine & Surgery.* CRC Press. Boca Raton, Florida. Taylor & Francis Group, LLC, 2015; Chapter 6, pg 133-139.
2. Jenkins DJA, Augustin LS, Malick A, Esfahani A, Kendall CWC. Glucose: Chemistry and Dietary Sources. In: *Encyclopedia of Human Nutrition.* Elsevier 2012.
3. Jenkins DJA, Srichaikul K, Mirrahimi A, Augustin LS, Chiavaroli L, Kendall CWC. Glycemic Index: Issues and Concepts. In: *Obesity: Epidemiology, Pathophysiology and Prevention, Second Edition.* CRC Press 2012.

RESEARCH GRANTS

Co-investigator - Reduction of breast cancer recurrence in women: lifestyle strategies and micro RNA Expression 2015 - Accepted Funding Agency: Italian Ministry of Health (Amount €375,000)
National Cancer Institute Pascale Foundation (Napoli, Italy)

Co-investigator - The effect of an enhanced dietary portfolio plus exercise on cardiovascular risk in high risk individuals 2013-Accepted Funding Agency: Canadian Institutes of Health Research (Amount \$500,000). University of Toronto, Toronto, Canada.

JOURNAL AND INSTITUTE INVOLVEMENT

Review Editorial Board: *Nutrition Methodology* (Frontiers in Nutrition)

Active reviewer for international scientific journals: *American Journal of Clinical Nutrition*, *Journal of the American College of Nutrition*, *British Journal of Nutrition*, *European Journal of Clinical Nutrition*, *Annals of Oncology*, *Metabolism Clinical and Experimental*, *Journal of Food & Nutritional Disorders*, *Annals of Nutrition and Metabolism*, *Nutrition Metabolism and Cardiovascular Disease*.

Member of:

Canadian Nutrition Society (CNS),
American Society for Nutrition (ASN),
European Food Safety Authority (EFSA) expert database,
International Carbohydrate Quality Consortium (ICQC).

Data
01/09/2017

